



**The Orchard Vision:** *Inspiring Success*  
**Values:** *Determination, Courage, Respect*

## The Orchard Sun Safety Policy

Our school believes in sun safety to ensure that children and staff are protected from skin damage caused by the harmful ultra-violet ray in sunlight.

As part of the sun safety policy, The Orchard School will:

- Educate children throughout the curriculum about the dangers of over exposure to the sun and how to protect their skin.
- Encourage children to wear clothes that provide good sun protection, and use sunscreens where appropriate.
- Try to schedule outdoor activities at times other than the middle of the day when the sun's rays are most harmful.
- Hold outdoor activities in areas of shade whenever possible, and encourage children to use shady areas during breaks, lunch-hours, sports and trips. Sunbathing is definitely discouraged at The Orchard.
- Work towards increasing the provision of adequate shade for everybody.
- Encourage children to drink water throughout the school day.
- Encourage staff and parents to act as good role models by practising sun safety.
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- Regularly remind children, staff and parents about sun safety through newsletters, posters, parent meetings and activities for pupils.
- Invite relevant professionals (such as dermatologists, school nurses and health promotion officers) to advise the school on sun safety.
- Make sure the sun safety policy is working. We will regularly monitor our curriculum, assess shade provision and review the sun safety behaviour of our students and staff (use of hats, shade etc).